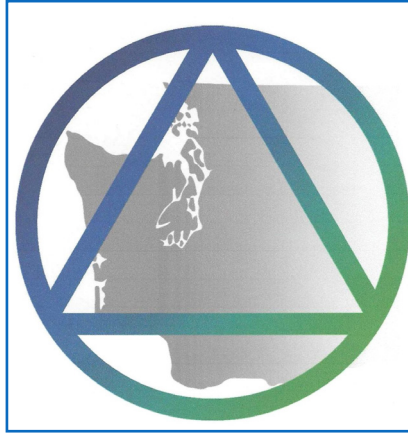




# District 29 April 2026 ~Action Log~ Newsletter

Editor's Note: Happy Spring!!!  
 Tradition 4 reminds me of this one group inventory we did. The facilitator asked "How well does your group work with near by groups?" At first I didn't have a thought, someone said we coordinate and are closely connected with another group when coordinating treatment commitments. A very important part of helping another alcoholic for AA as a whole. We do things differently for the same reason.



DEADLINE FOR REPORTS, EVENT FLYERS, ARTICLES OR JUST ADDONS IS THE

**4th of every month.**

Email them to:

**[d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org)**

In your report please add day of the week, time and full location address of your meeting, so we can share the message.

### Tradition 4:

**"Each group should be autonomous except in matters affecting other groups or AA as a whole"**

## "The Action District"

### Reminder of Upcoming Events:

<i>Apr 14th</i>	District 29 Monthly Business Meeting	15
<i>Apr 18th</i>	Area 72 Accessibilities Quarterly	
<i>Apr 19th</i>	Share with the Delegate	15
<i>Apr 25th</i>	Area 72 Tech & Web Quarterly	19
<i>Apr 25th</i>	Area 72 Young People's Quarterly	19
<i>May 2nd</i>	Area 72 Archives Quarterly	
<i>May 9th</i>	Area72 CPC &PI Combined Quarterly	19
<i>Jun 13th</i>	Area 72 GV, La Vina, and Lit Quarterly	19

### More Info on Page:

All event information can be found by going to **[area72aa.org](http://area72aa.org)** go to Events then click on calendar date. Some information printed on above page #.

# 7<sup>TH</sup> TRADITION CONTRIBUTIONS

*In keeping with AA's 7<sup>th</sup> Tradition of self-support, we accept contributions only from AA members.*

**\*When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.**

## **DISTRICT 29:**

### Mailing Address:

Alcoholics Anonymous – District 29  
PO Box 1439  
Puyallup, WA 98371

\*Make checks payable to Alcoholics Anonymous – District 29

## **AREA 72:**

### Mailing Address:

Western Washington Area 72  
1901 Cornwall Avenue #745  
Bellingham, WA 98225

\*Make checks payable to Western Washington Area 72

Online contributions: <https://area72aa.org>

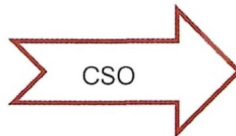
## **CENTRAL SERVICE OFFICE:**

### In person Contributions or Mailing Address:

Puget Sound AA  
3640 S Cedar Street, Suite S  
Tacoma, WA 98409

\*Make checks payable to Puget Sound AA

Online contributions: [www.pugetsoundaa.org/contribute](http://www.pugetsoundaa.org/contribute)



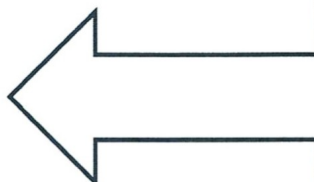
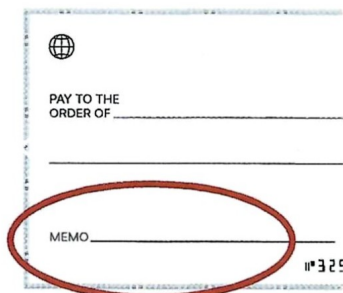
## **GENERAL SERVICE OFFICE:**

### 7<sup>TH</sup> Tradition Contributions Mailing Address:

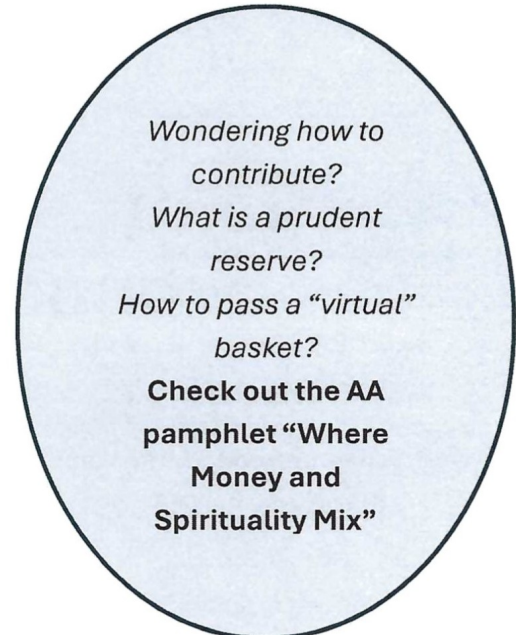
General Service Office  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

\*Make checks payable to the General Service Board

Online contributions: <https://contribution.aa.org>

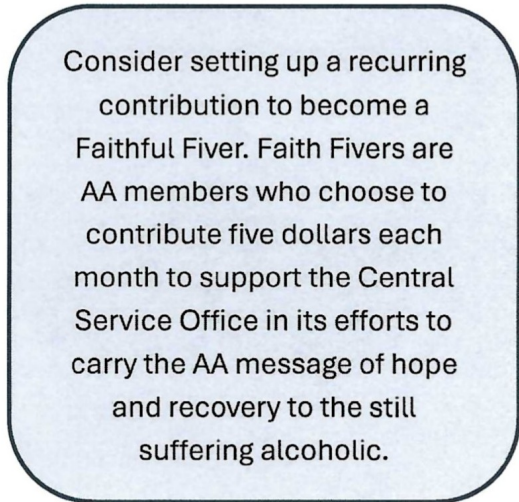


**MAKE SURE YOUR CONTRIBUTIONS COUNT!  
DON'T FORGET TO INCLUDE YOUR **GROUP NUMBER** OR,  
IF IT'S AN INDIVIDUAL CONTRIBUTION,  
NOTE THAT YOU ARE  
**A MEMBER OF AA.****



*Wondering how to contribute?  
What is a prudent reserve?  
How to pass a "virtual" basket?*

**Check out the AA pamphlet "Where Money and Spirituality Mix"**



Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.

# TRUSTED SERVANTS

**DCM: Fred J** [dcm29@area72aa.org](mailto:dcm29@area72aa.org)  
**Alt: Amanda M** [altdcm29@area72aa.org](mailto:altdcm29@area72aa.org)  
**Secretary: Sara M** [dist29secretary@area72aa.org](mailto:dist29secretary@area72aa.org)  
**Alt: Open**  
**Treasurer: Dan C** [dist29treasurer@area72aa.org](mailto:dist29treasurer@area72aa.org)  
**Alt: Ryan W**  
**Accessibility: Ty S** [dist29accessibility@area72aa.org](mailto:dist29accessibility@area72aa.org)  
**Alt: Open**  
**Archives: Deborah M** [dist29archives@area72aa.org](mailto:dist29archives@area72aa.org)  
**Alt: Open**  
**Corrections: Open** [dist29corrections@area72aa.org](mailto:dist29corrections@area72aa.org)  
**Alt: Open**  
**CPC: Scott N** [dist29cpc@area72aa.org](mailto:dist29cpc@area72aa.org)  
**Alt: Open**  
**CSO Director 1: David D** [d29csodir1@pugetsoundaa.org](mailto:d29csodir1@pugetsoundaa.org)  
**CSO Director 2: Open** [d29csodir2@pugetsoundaa.org](mailto:d29csodir2@pugetsoundaa.org)  
**Grapevine/Lit: Cheryl A** [dist29gylit@area72aa.org](mailto:dist29gylit@area72aa.org)  
**Alt: Open**  
**Newsletter: Grace C** [d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org)  
**Alt: Mary N**  
**PI: DeeDee** [dist29pi@area72aa.org](mailto:dist29pi@area72aa.org)  
**Alt: George N**  
**Registrar: Brittany U** [dist29registrar@area72aa.org](mailto:dist29registrar@area72aa.org)  
**Third Legacy: Alana W** [dist29thirdleg@area72aa.org](mailto:dist29thirdleg@area72aa.org)  
**Alt: Carol J**  
**Treatment: Greg E** [dist29treatment@area72aa.org](mailto:dist29treatment@area72aa.org)  
**Alt: Jose Q**  
**12 Step: Jake F**  
**Facilities Liaison: Steve B**

DCM = District Committee Member  
 CPC = Cooperation with Professional Community  
 PI = Public Information  
 GSR = Group Service Representative  
 CSO = Central Service Office

## Elected WW Area 72 Trusted Servants of Panel 75

**DELEGATE:** Courtney S [delegate@area72aa.org](mailto:delegate@area72aa.org)  
**ALT DELEGATE:** Lupita YM [altdelegate@area72aa.org](mailto:altdelegate@area72aa.org)  
**CHAIRPERSON:** Derek S [chair@area72aa.org](mailto:chair@area72aa.org)  
**ALT CHAIRPERSON:** Lisa S [altchair@area72aa.org](mailto:altchair@area72aa.org)  
**TREASURER:** Theresa P [treasurer@area72aa.org](mailto:treasurer@area72aa.org)  
**ALT TREASURER:** Eddy MM [alttreasurer@area72aa.org](mailto:alttreasurer@area72aa.org)

# District 29 Groups

Above Ground.....Gary S  
 Alt. Emillie M  
 Back To Basics.....Rex J  
 Eatonville  
 Eatonville Women's.. Christina P  
 Alt. Diana P  
 Elbe Friday Nighters  
 FIR.....Bruce K  
 Alt. Kevin O  
 Firgrove.....Laurie S  
 Alt.  
 Graham Women's.....Mary N  
 Alt. Michelle L  
 Hang In There.....Mike A  
 Alt. Fred D  
 Keep It Simple Sumner...Chris L  
 Alt. Don S  
 Living Free.....Ryan W  
 Loft.....Sophia N  
 Alt. Annie M  
 Meeker.....Misty M  
 Alt. Maria H  
 Ohop.....Chelsea P  
 Alt. Mandy B  
 On Track Again.....Beatriz C  
 Alt. Holly C  
 Orting Fireside.....Joshua D  
 Alt. Jill N  
 Orting Hole In The Donut...Jill N  
 Alt. Ethan W  
 Out to Lunch Bunch  
 Puyallup Men's Stag.....Shaun R  
 Alt. Bret L  
 Puyallup Service Group..Bryce J  
 Alt. Jasmine P  
 Seeking Our Solution...Rachel K  
 Alt. Jeff J  
 Sober Sisters of Sumner....Pam N  
 Alt.  
 Solution Is The Journey....John P  
 Trudging The Road.....Alan O  
 Trusted Servants.....Janeah O  
 Alt. Laura S  
 Women On Tapps.....Tracie L  
 Alt. Janice M

## Trusted Servants Monthly Reports

DCM: Fred J

[Report on Page 6](#)

[dcm29@area72aa.org](mailto:dcm29@area72aa.org)

Alt: Amanda M

[Report on Page 6](#)

[altdcm29@area72aa.org](mailto:altdcm29@area72aa.org)

Secretary: Sara M

[dist29secretary@area72aa.org](mailto:dist29secretary@area72aa.org)

Alt:

Treasurer: Dan C

[dist29treasurer@area72aa.org](mailto:dist29treasurer@area72aa.org)

Alt: Ryan W

[Report on page 5](#)

Accessibility: Ty S

[dist29accessibility@area72aa.org](mailto:dist29accessibility@area72aa.org)

Alt:

Archives: Deborah M

[dist29archives@area72aa.org](mailto:dist29archives@area72aa.org)

Alt:

[Report on page 17](#)

Corrections:

[dist29corrections@area72aa.org](mailto:dist29corrections@area72aa.org)

Alt:

CPC: Scott N

[Report on page 18](#)

[dist29cpc@area72aa.org](mailto:dist29cpc@area72aa.org)

Alt:

CSO Director 1: David D

[d29csodir1@pugetsoundaa.org](mailto:d29csodir1@pugetsoundaa.org)

CSO Director 2:

[d29csodir2@pugetsoundaa.org](mailto:d29csodir2@pugetsoundaa.org)

Grapevine/Lit: Cheryl A

[dist29gvlit@area72aa.org](mailto:dist29gvlit@area72aa.org)

Alt:

PI: DeeDee B

[Report on page 18](#)

[dist29pi@area72aa.org](mailto:dist29pi@area72aa.org)

Alt: George N

Registrar: Brittany U

[dist29registrar@area72aa.org](mailto:dist29registrar@area72aa.org)

Third Legacy: Alana W

[dist29thirdleg@area72aa.org](mailto:dist29thirdleg@area72aa.org)

Alt: Carol J

[Report on page 17](#)

Treatment: Greg E

[dist29treatment@area72aa.org](mailto:dist29treatment@area72aa.org)

Alt: Jose Q

Newsletter: Grace C

[d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org)

Hello to All in District 29, April Showers!

This months second Tuesday falls on the 14th. Good for prepping the newsletter, not so good that half the month is over. Short turn around and May's issue to think of, already. Deadlines have always been a thing. We've had the Pre-Conference, Third Legacy panel and a Holiday (+personally had family in town) all thrown in. Honestly, probably no different then any other month. Enjoy your Spring time.

*Thank you for allowing me to share and be of service, Grace C*

Alt: Mary N

Spring is my favorite season. Everything feels so alive! (OK, maybe a little rainy sometimes) But it's easier for me to see the miracles, spring flowers, and the beauty of our recovery. I am so grateful for you all! Ladies, please join my homegroup (Graham Women's Group) for our Spiritual Breakfast, Saturday, April 18th, 8:30AM breakfast and 9:00AM our Speaker, Joan H. As always, thank you for your patience, and for allowing me to be of service. - Mary N

12 Step: Jake F

Facilities Liaison: Steve B [Report on page 18](#)

### **Responsibility Statement**

**I am responsible, when anyone, anywhere reaches out for help,  
I want the hand of AA always to be there, and for that:  
I am responsible.**

**District 29 Treasurer's Report March 2026**

Groups	Donations											
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Above Ground	\$ 45.00	\$ 52.00	\$ 40.00									
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00									
Eatonville Group	\$75.00											
Eatonville Womans Group												
Elbe Friday Neters												
FIR (Fellowship In Recovery)		\$700.00										
Firgrove Group		\$480.00										
Graham Womans Group		\$50.00										
Hana in There (HIT)												
Hole in the Donut			\$50.00									
Keep It Simple Sumner (KIS)												
Living Free												
Loft Group		\$366.00	\$33.00									
Meeker Fellowship												
OHOP Nuts and Bolts	\$176.70											
On Track Again												
Orting Fireside												
Out to Lunch Bunch												
Puyallup Men's Stage												
Puyallup Service Group												
Seeking Our Solution (SOS)												
Sober Sisters of Sumner	\$215.00											
Solution is the Journey												
Trusted Servants	\$ 100.00		\$100.00									
Women on Tapps			\$100.00									
District 29 7th Tradition	\$ 66.00	\$100.00	\$42.00									
Income Special Events												
corrections pink can												
<b>Total income this month</b>	<b>\$ 717.70</b>	<b>\$1,788.00</b>	<b>\$405.00</b>									
<b>EXPENSES</b>												
DCM												
Alt DCM			\$42.00									
Secretary												
Treasurer		\$15.60										
Newsletter												
Accessibility												
Archives	\$418.41	\$108.36										
Third Legacy												
Corrections												
C.P.C		\$51.80										
Pub. Info		\$50.48										
Registrar												
Treatment												
12 Step												
Facility Liason	\$ 36.42											
Annual Donation CSO 60%	\$ 6956.54											
Annual Donation WWA 30%		\$3,478.27										
Annual Donation GSO 10%	\$ 1159.42											
CSO Phones/zoom	\$ 76.03	\$76.03	\$ 76.03									
Meeting Room Rent	\$200.00	\$200.00	\$200.00									
Post Office Box												
Storage Rent	\$ 147.00	\$147.00	\$ 147.00									
<b>Total expenses</b>	<b>\$ 8,993.82</b>	<b>\$ 4127.54</b>	<b>\$ 465.03</b>									
<b>NET Monthly Balance</b>	<b>\$ 8,276.12</b>	<b>\$ 2,389.54</b>	<b>\$ 60.03</b>									
Beginning Bank Balance	\$28,696.23	\$ 20,420.11	\$ 18,080.57									
Ending Bank Bal.	\$ 20,420.11	\$ 18,080.57	\$ 18,020.54									
Operating balance	\$1,570.34	\$ 2,709.07	\$2,649.04									
PRUDENT RES. **	\$3,451.50	\$3,451.50	\$ 3,451.50									
Special Events Begin Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00									
Picnic Income												
Picnic Balance	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00									
Gratitude Banquet Exp												
Gratitude Banquet Income												
Gratitude Banquet Balance	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00									
Special Events End Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00									

# DISTRICT COMMITTEE MEMBER DCM & Alt DCM REPORTS

## DCM

Greetings from District 29. We are all looking forward to better weather. My alternate, Amanda got a chance to run the show for a while while I was at PRAASA and on a day bike ride in Florida. She is also standing in for me in the April quarterly since I am going to the International AA Men's Conference. I thought PRAASA was the best one I have attended to date. I also look forward to going to the PNC in Vancouver this summer. The district remains active in many areas and is starting to plan for our summer picnic.

*In Service,*

***Fred Johnstone***  
***District 29 DCM***  
***d29dcm@area72aa.org***  
***(253) 229-7435***

Please note our change in Zoom information, for District 29 Business meetings held every 2nd Tuesday of the month. All AA members are welcome to join us.  
Zoom ID: 882 6118 3379  
Passcode: 983646

## Alt DCM

Hey Fellowship,

- I enjoyed getting together for our first Special Event planning meeting which just concluded last Tuesday. Good results, but we would love your help. Here is a list of service positions in need of filling for the picnic on July 11th, 2026. Your GSRs will have sign up sheets for this event. And our next meeting will be held on Tuesday May 5th, 2026. Place: 432 Wood Ave, Sumner at 6:30pm. Anyone can join us.
- On March 28th, I enjoyed the Pre-Conference in Steilacoom and had a great time listening to items from the Delegate going to New York GSO, April 26th- May 1st.
- Next I will attend the April Quarterly in Des Moines, WA April 11th. And possibly have a short report for you at April's District meeting.
- And we will have the 'Kids Hay Coin' containers for the each group available to pick up at this District meeting. Along with all information about picnic GSRs can pass on to your groups and start getting excited about being part of this fun event. A lot going on!!! And if you have any questions, please come up and say "Hi."  
Hope to see you Soon!

Amanda M  
District 29 Alt DCM  
altdcm29@area72aa.org

**Event:** District 29 Family Picnic July 11th, 2026 at Frontier Park in Graham. These volunteer service positions are open and need filled:  
**Cooks:** are if you have your own grill and can bring it, cook Hamburgers and Hot dogs (provided.)  
**Kitchen help:** is prepping like onions, tomatoes, lettuce and cheese. Keeping food area in order, set up and clean up.  
**Set up and Clean up:** being available for both or either of these is very important.  
**Raffle:** Variety of things like Set up first, keep list of group raffled items, sell tickets, drawings and clean up.  
**Kids events:** Coordinating timed events.  
**Activities:** Coordinating events all can join.  
**\*Flyer on page 26**

# GROUP SERVICE REPRESENTATIVE GSR REPORTS

## ABOVE GROUND\*

The Above Ground Group has meetings on Monday and Fridays at noon. This space has ground-level entry, so it is accessible to all. There are large windows to let in the natural light of day. Early Spring is upon us and what better way to spend an hour and a quarter than with good friends, hot coffee, and donuts? The church has provided us with an extra room that we use for private one-on-one talks. Come meet up with some old friends or meet new ones. Our meetings are being held at:

**SUMNER FIRST CHRISTIAN CHURCH  
432 WOOD AVE  
SUMNER, WA 98390**

On the last Friday of the month, we provide the cake and celebrate the sobriety of our friends. In **MARCH** we celebrated with: **JANET S 18 MONTHS, KEVIN M 7 YEARS**  
We have been happy here, and hope the church continues to be happy with us. Thank you Kevin M for bringing the cake this month!

## BACK TO BASICS\*

*Hello!*  
*Back to Basics group meets every Tuesday 7:00 p.m. at Mountain View Lutheran Church 3505 122nd Ave E, Edgewood. In the white chapel basement. We have a home group speaker share every third Tuesday of the month. First 3 Tuesdays of the month are closed meetings. Birthday nights are open meeting on the last Tuesday and we have treats to share. We hope to see you there!*

*March 2026 Birthdays:*

*Matt A - 2 years, Erik G - 9 years, Marybeth - 21 years, Rebecca B - 23 years*

*Check out page 22 for our "SPRING POTLUCK" Please join us!*

## EATONVILLE

We are still here in the hills! Eatonville has 2 meetings a week, Wednesday at 12:00 noon and Saturday at 9:00 am. At **American Legion Hall**, 123 Rainier Ave N, Eatonville, WA 98328

## EATONVILLE WOMEN'S\*

*\*New meeting flyer on Page 22\**

**Tanwax Country Chapel  
36417 Mountain Highway East  
Eatonville, WA 98328  
We meet in the Education Building next to the church. Look for the room with the AA sign hanging on the doorknob.**

**Weekly Meeting Format:  
1<sup>st</sup> Saturday ~ Steps  
2<sup>nd</sup> Saturday ~ AA Topic  
3<sup>rd</sup> Saturday ~ Traditions  
4<sup>th</sup> Saturday ~ AA Topic**

Hello from the Eatonville Women's Group! We are a new meeting where we explore and study the AA Steps and Traditions, as well as diving into the Big Book for discussion topics to support our journey together. Join us on **Saturdays at 10:00 a.m.**—birthdays on the 2nd Saturday, business on the last. Come check out this new space for women's recovery!

**March 2026 Birthdays:**

**Aeril - 20 days, Shauniece J - 6 months**

## ELBE FRIDAY NIGHTERS

Greetings from greater virtual downtown Elbe!

Our meetings are on Zoom only and we meet every Friday evening at 7:00 pm. Take a virtual trip up to the Mountain and visit us.

We changed our Zoom account for the meeting as of March 6, 2026, there will be new credentials (listed here) or you can also find it at [ElbeAA.org](http://ElbeAA.org):

Congratulation to All Birthdays this month.

Join Zoom meeting  
Meeting ID: 853 5480 6608  
Passcode: 755075

### FIR\*

The ***Fellowship In Recovery*** Group is settled in this location at Light of the Hill, **United Methodist Church, 11304 136th St E, Puyallup, WA 98374** at 7 pm on Tuesday evenings and 8 am Saturday mornings. Our Birthday meetings are the last Tuesdays of the month and we have both AA and AI anon speakers. Most meetings begin with a short reading from the the Big Book, except on the first Tuesday of the month when we study Traditions in the 12 & 12. And the first Saturday we is Step study also from 12 & 12. ***Families In Recovery***- moved with us. Tuesdays also includes a concurrent meeting of ***Families In Recovery*** AI anon Family Group. Our meetings are open meetings. We look forward to seeing you!

### ***March 2026 Birthdays for the F.I.R. group:***

<b><i>2 months Danielle</i></b>	<b><i>6 months RJ</i></b>	<b><i>1 year Hector</i></b>
<b><i>2 months Joseph</i></b>	<b><i>8 months Lance</i></b>	<b><i>4 years Russ S</i></b>
<b><i>3 months David F</i></b>	<b><i>10 months Ian H</i></b>	<b><i>9 years Fred J</i></b>
		<b><i>16 years Tom F</i></b>

### FIRGROVE\*

Hello again from Firgrove group,

Spring is here and it is so nice to have the longer and some warmer, drier weather. Please come join us Monday and Fridays at 8:00 pm. There is always room for more and the coffee is always on.

Many thanks to Kim from Ohop Nuts and Bolts for sharing her story of Recovery as our Birthday Speaker and also to her homegroup members that showed up to support her. What a fabulous turnout!

### **Birthdays for March 2026:**

<b>Erin S</b>	<b>5 months</b>	<b>Kevin M</b>	<b>7 years</b>
<b>RJ</b>	<b>6 months</b>	<b>Mellisa M</b>	<b>20 years</b>
<b>Andy F</b>	<b>8 months</b>	<b>Tim T</b>	<b>28 years</b>
<b>Mike R</b>	<b>9 months</b>	<b>Brett L</b>	<b>29 years</b>
<b>Colin O</b>	<b>1 year</b>	<b>Forrest G</b>	<b>39 years</b>
<b>Dustin A</b>	<b>4 years</b>		

Congratulations to everyone celebrating a Sobriety Anniversary for March. And a big thank you to Shane as our Birthday Chair his month, Laurie for another fabulous cake, and to everyone who helped set up and clean up. Many hands make for quick work.

In Service, Tim T

Pilgrim Lutheran Church  
10510 136th St E  
Puyallup, WA 98374

Newcomers are always welcome  
We meet Mondays (closed) meeting  
alcoholics only 8pm to 9pm  
Fridays (open) meeting 8pm-9:15pm  
Business meeting 3rd Monday of the  
month at 6:30pm. Followed with a  
Traditions meeting at 8pm-9pm  
Birthday speaker meeting the last  
Friday of the month 8pm-9:30pm.  
With speaker, coins and cake.

GRAHAM WOMEN'S GROUP\*

We welcome all women to join us and share their experience, strength and hope.

**Graham Women's Group meets on Saturdays from 9am to 10:15am at:**

Lutheran Church of St Paul  
22419 108th Ave E  
Graham WA 98338

We are a hybrid meeting:  
Zoom ID: 428 9538 662  
Password: 036816

*Birthdays are celebrated the last Saturday of each month. We love celebrating recovery birthdays, please come join us. **March Birthdays:***

*Aly - 3 months, Jamie - 3 months, Michelle L - 2 years, Sarah O - 3 years, Gayla - 3 years, Jme H - 12 years (Thanks Jme for the Ellenos Birthday Cake Yogurt)*

*Business meetings are held on the 1st Saturday each month immediately after our regular meeting.*

**YOU ARE INVITED TO JOIN US**

We are hosting a [Spiritual Breakfast Potluck on April 18th](#).  
Our speaker is Joan H - who will share her amazing story with us,  
as she celebrates 50 years in April! 8:30 AM Breakfast - 9:00 AM Speaker

HANG IN THERE\*

**Hang In There (HIT) Group Report  
March 2026**

We welcome everyone to our group! This is a kid and dog friendly meeting.

Our meetings on Zoom are held **Monday – Saturday, 11 am-12:15 pm**

**Meeting ID: 870 333 8446 (New zoom ID) Password: 201999**

**\*We no longer provide verification letters of meeting attendance on Zoom.**

**We meet in-person Monday – Saturday, 11 am-12:15pm**

At Christ Community Baptist Church – portable classroom #3

Address: 8016 176<sup>th</sup> St E, Puyallup, WA 98375

Meeting opens at 10:30 am for fellowship.

**Upcoming Events:**

Apr. Business Meeting will be held on Friday, 04/24/26 immediately after our birthday meeting.

Apr. Birthday Meeting will be held on Friday, 04/24/26 during our regular meeting hours. Join us for cupcakes, ice cream and a speaker!

**March Birthdays – Speaker**

30 days or less – Mary W	2 mo.- Meri C	2 yr. – Stephanie K.
Richard C.	4 mo. – Tasha C.	3 yr. – Brianna G.
Charlie K.	6 mo. – Heather R.	5 yr. – Angie S.
1 mo. – Aeril H.	RJ M.	7 yr. – Patti H.
	2 yr. – Julie B	12 yr. – J'me H.
		41 yr. – Marcia B.

KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner Wednesday 7pm

Open meeting Wednesday 7 - 8pm. Birthday night is the last Wednesday of the month.

Our business meeting is the 2nd Wednesday of the month after the regular meeting.

## LIVING FREE\*

The Living Free Group is located in Puyallup at the corner of 5<sup>th</sup> and Pioneer at the Presbyterian Church, 412 West Pioneer Ave. Every Sunday at 6:30 pm. This is an open meeting, and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6:00 pm. Our Home Group speakers for the month of March was Haley, who shared her Experience, Strength and Hope with all who were there.

### March Birthdays:

1 Month	Devin	2 years Haley
4 Months	Jacob	3 years Ryan W
5 Months	Brent	7 years Kevin
5 Months	Joel	39 years Forrest
9 Months	Pam	

Hope to see all of you soon at Living Free!!!

Kevin C.

## LOFT\*

### Open Meetings:

Daily Meetings: Noon 6pm & 8pm

Friday, Saturday at 10 pm and Sunday at 9:30pm

Saturday and Sunday at 9 am

### In-Person Women's Meetings:

Wed & Sun ~ 6pm

### In-Person Men's Meeting:

Sunday at 8pm

### Zoom Women's Meetings:

Wed & Sun ~ 6pm

ID: 862 7295 5592

Password: 035163

Hello from the Loft Group! 10216 29th St E Edgewood, WA 98372

At the Loft we love to have fun! Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chairpeople and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on April 16th at 7pm.

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

### Happy March 2026 Birthdays

Jessica J	24 hours	Jen	4 months	Anais L	11 months
Devyn T	1 month	Sarah	4 months	Will	1 year
Nathan	1 month	Matt A	4 months	Nick	1 year
Seven	1 month	Monte C	5 months	Hailey JH	2 years
Monty	1 month	Hilary	6 months	Tara S	3 years
Charlie	2 months	Karissa W	6 months	Jeff	5 years
Carly N	3 months	Michaeline P	7 months	Jane	9 years
Arnoldo A	3 months	Erin P	8 months	Mary R	41 years
Michelle J	3 months	Georgia	9 months	Margaret H	44 years
Kayloni R	4 months	Tanya M	10 months		

Thank you to our Birthday Speakers:

**Bob R, Kiru G and Mel**

Happy Birthday Everyone! Remember to stay in the middle of the herd.

Tara S

## MEEKER FELLOWSHIP\*

March 2026 Birthday celebrations:

1 month: Alex R	18 months: Corey W
1 month: Brian T	18 months: Kendra L
2 months: Jared A	18 months: Daniel L
3 months: Arnaldo A	2 years: Maurice V
4 months: Dawn K	2 years: Chad B
5 months: Cary K (In Jan)	3 years: Misty M
6 months: Brent S	4 years: Steve L
6 months: Joel H	5 years: Cody L
6 months: Tim U	9 years: Fred J
1 year: Monty F	28 years: Mitch M

Meeker Fellowship would like to Thank the Third Legacy Panel - Carol J, Fred J, Deborah M, David D, Grace C, George N, Greg E, Steve B, Misty M, and Maria H for joining us. Sharing about district service position and service positions in general how they are important.

Join us for a Mariner Baseball Game on May 1st  
Come and sign up. Approx 16.00 includes a hot dog and soda.

***\*Meeker Annual Campout is scheduled for August 7, 8 & 9 Camp Lakeview  
Flyer is on page 22!***

## OHOP NUTS AND BOLTS\*

Ohop Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387. We meet 7 days a week at 7pm. Monday is book study night. On Monday, Tuesday, Wednesday and Friday we have Closed meeting (Alcoholics only). With Open (all welcome) on Thursday, Saturday and Sundays. Our business meeting is on Saturday *\*after\** the second Tuesday each month at 5pm. Our birthday night is the last Saturday each month at 7pm. We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations.

### **Ohop March Birthdays**

<b>Aly B</b>	<b>3 months</b>	<b>Tiffany K</b>	<b>11 months</b>	<b>Carmen G</b>	<b>16 years</b>
<b>Shaun C</b>	<b>3 month</b>	<b>Ron</b>	<b>2 years</b>	<b>Tom F</b>	<b>16 years</b>
<b>Ryan H</b>	<b>3 months</b>	<b>Stacy B</b>	<b>4 years</b>	<b>Mac D</b>	<b>27 years</b>
<b>David S</b>	<b>9 months</b>	<b>Jme H</b>	<b>12 years</b>	<b>Forrest</b>	<b>39 years</b>

## ON TRACK AGAIN\*

**\*\*WE HAVE MOVED\*\***

As of February 18, 2026 our group meets now at Elbe Church Annex, 54206 Mountain Highway East, Elbe, WA 98330. This is the small building located east of the Elbe Church. We meet every Wednesday night at 6:00 pm for an open, discussion meeting. Our business meeting is held once a month, on the last Wednesday of the month, following the regular meeting. We welcome all to check out our new location and join us as we share our experiences, strength, and hope.

IMPORTANT ANNOUNCEMENT: On Track Again Group is no longer hosting the once a month, Sunday Spiritual Breakfast meeting. *March Birthdays: Michelle C 5 years, Marcia B 41 years*

## Meeker Fellowship

meets at

Puyallup Elks Lodge  
314 27th St NE  
Puyallup, WA 98372

Entrance door to the left,  
Do not enter the main door.

Meeting times:

Mon-Sun	9am, 12pm, 5:30pm, *8pm
Wed	6am New meeting added
Sat & Sun	6am
Sat	9am Women's meeting
Sun	9am Men's meeting

- » *\* The 8pm meetings would love and needs your support and fellowship.*
- » *Please come join us if you can.*

*\* Saturday April 25th, 2026 \**

*Birthday Potluck Starts at 5pm, with Theme: Soup, Salad and Sandwich  
Speaker Meeting 6pm, Coin/Cake 7pm*

## ORTING FIRESIDE\*

### **Greetings from Orting Fireside Group!**

Our meetings are on Mondays and Thursdays 6:30-7:30 pm. We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360. We celebrate sobriety birthdays on the last Thursday of the month at 6:30 pm. Join us for pie, hot coffee, coins and a speaker. Thanks to Wes our March speaker, for sharing your story.

**March Birthdays: Blair -13 days, Sue - 1 month, Sam -1 month, Tim - 28 years, Forrest - 39 years**

## ORTING HOLE IN THE DONUT\*

We welcome you to come visit Orting Hole In the Donut! We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360 on Sundays at 11:00 am. We have a Big Book Study on the 1st Sunday each month. We celebrate birthdays on the last Sunday of the month. We always have hot coffee, coins and fresh donuts. Come join us!

In **March** we celebrated birthdays with: **Blair - 13 days, Mark - 1 month, Royce - 2 months, Michelle - 5 months, Mary - 7 years, Tim - 28 years** Happy Birthday to our Friends! A couple new filled service positions: Alt GSR Ethan, and Royce as a greeter, we can do this together!

## OUT TO LUNCH BUNCH\*

**Out to Lunch Bunch is the winner of the first ever 'Most Interest' Award at District 29 Gratitude Banquet 2025**

The Out to Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet at noon each Tuesday, Thursday, and Saturday. Our Tuesday meeting is a book study. We are now reading the book 'Living Sober.' We are now looking forward to the warmer months and the day we turn off the heater for another season. *The church has provided us with an extra room that is good for private one-on-one talks.* We are located at:

**Sumner First Christian Church**

**432 Wood Ave.**

**Sumner, WA 98390**

The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of treat. All we ask of you is to bring your experience, strength, and hope.

**In March we celebrated with: Peggy D 2 months, Chip G 9 months, Janet S 18 months, Kevin M 7 years, Donovan G 12 years, Marisa R 12 years**

Thank you Marisa for making and bringing your over the top Samoas Cheesecake.

## PUYALLUP MEN'S STAG\*

**Puyallup Men's Stag group meets on Thursday nights 7:00pm at Peace Lutheran Church, 214 Pioneer Way E, Puyallup, WA 98372**

On behalf of District 29, we would like to formally acknowledge Puyallup Men's Stag Group and recognize the continued growth and positive momentum of the meeting. The increasing participation and engagement reflect the strength of the fellowship and the commitment of its members to recovery and service.

We would also like to recognize the following **March 2026** sobriety milestones, which represent meaningful achievements and inspiration to others:

<b>Jason - 24 hours</b>	<b>Scotty B - 8 months</b>	<b>Mike - 9 months</b>
<b>Sage - 3 months</b>	<b>David - 8 months</b>	<b>Dave - 16 years</b>
<b>John - 4 months</b>	<b>Andy - 8 months</b>	<b>Bret - 29 years</b>

In addition, we extend our appreciation to Chris for delivering an impactful and well received message. Also, our group has a service position of a phone commitment at the CSO every 4th Tuesday of the month from 6pm-9pm!

Thank you for your continued dedication to Alcoholics Anonymous and for fostering a supportive and growing recovery community.

Respectfully, member in service, Scotty B

## PUYALLUP SERVICE GROUP\*

*Our March Birthdays:*

*RJ - 6 months  
Jasmine - 2 years  
Joey - 4 years  
Michaela - 10 years*

*Congratulation!*

*Hello we are Puyallup Service Group  
We meet Wednesday and Saturdays at 8-9pm.  
Our business meeting is the 3rd Saturday of every month.  
Our birthday night is the last Saturday of every month.  
Our phone commitment is the 4th Friday of every month  
at the CSO from 6-9pm, all are welcome to join.*

*We meet at Celebration Lutheran Church  
2500 Shaw Road East  
Puyallup, WA 98371*

## SEEKING OUR SOLUTION\*

Seeking Our Solutions (SOS) meets every Saturday at 8:00 AM at the First Presbyterian Church of Puyallup ([412 W Pioneer Ave](#)). This is an open meeting, and families with children are welcome. On the second Saturday of each month, we read from The Grapevine. On the last Saturday of each month, we host a breakfast potluck to celebrate recovery milestones. Bring a dish and come hungry! Our business meetings happen quarterly on the third Saturday. The next one will be on April 18th. Homegroup membership are encouraged to attend.

Best quote of the birthday meeting:

"We are Solutioners, not Saviors. The solutions are in the the book. Keep it simple, turn to the book. The answers we need to our problems are there."

In March, we proudly celebrated:

Rachel K. 8 years  
Rick O. 13 years  
Patrick 23 years

Keep coming back!!

## SOBER SISTERS OF SUMNER\*

*S.S.S is an open women's meeting that is child friendly. We meet every Wednesday from 12:30-pm to 1:30pm. We have been there so we'll be here for you. Let's grow together. We are a fun group and understand the seriousness of getting and staying sober.*

LOCATION:

**Sumner First Christian Church**  
432 Wood Ave  
Sumner, WA 98390

Celebrating Birthdays for March 2026:

Dawn K 4 months  
Linda R 7 months  
Pam N 9 months

*Our business meetings are on the 3rd Wednesday of the month, right after regular meeting. We celebrate sober birthday on the last Wednesday of the month with coins, sweets, and lots of joy. We welcome all.*

## SOLUTION IS THE JOURNEY

We are going strong and open 5 days a week Monday thru Friday from 12 to 1. We celebrate birthdays on the last Friday of the month. And our business meeting is held on the second Tuesday following the regular meeting. We meet at:

Graham Church of Christ  
9524 224th Street East  
Graham, WA 98338

## TRUDGING THE ROAD

First Presbyterian Church  
412 W Pioneer Ave.  
Puyallup, WA 98371

Group introduction flyer on page 22.

Every Thursday at 6 pm.

This meeting has concurrent AA, Ala-anon and Ala-teen meetings, the whole family can have a meeting.

## TRUSTED SERVANTS\*

**Hello from Trusted Servants!**

**Come one come all, please come join us each Monday at 7PM at Faith Covenant Church, 1915 Washington St, Sumner. Whether you're new or have been around awhile, we'd love to see you there!**

**Our business meeting takes place on the 3rd Monday of each month at 6PM. Trusted Servants is a place for anyone seeking sobriety, connection, and support, we truly have room for everyone. Come be a part of our community and consider making Trusted Servants your home group.**

**On the last Monday of each month, we celebrate AA birthdays with what Gary calls "the BEST potluck in the world and galaxy," and we couldn't agree with him more. The potluck starts at 615PM, followed by Birthday chips and an open meeting at 7PM.**

### **March Birthdays**

- 4 Months - Dawn, Matt
- 5 Months - Kerry
- 8 Months - Erin
- 11 Months - Jerry
- 3 Years - Tara

**Happy Birthday to all who celebrated, we love sharing that time with you and hope you hear something that makes you want to come see us again!**

**Monday nights, the door is always open and the coffee is always on,  
Trusted Servants**

## WOMEN ON TAPPS\*

**Lake Tapps Community Church  
17017 Forest Canyon Road East  
Lake Tapps, WA 98391**

### ***Our group's rotating schedule is:***

- ***1st Monday of the month is Big Book study***
- ***2nd Monday is Step study***
- ***3rd Monday is Tradition 12 & 12 study***
- ***Last Monday is Birthday/speaker meeting***

WOT is an open Women's meeting on Monday nights 7 pm to 8:15 pm. We have an attended child area, for mothers that need a meeting. We enjoy the increasing number women at the meeting. We are grateful for the joy of fellowship created by sharing our experience, strength and hope with each other. We would like to thank our very own home group birthday night speaker Cheyenne W, 15 months and 15 days Sober on birthday night. Our first time hearing her story, and the understanding of where her experience, strength and hope comes from.

### ***Birthdays Celebrated in March 2026:***

<b><i>Jules F</i></b>	<b><i>30 days</i></b>	<b><i>Angel P</i></b>	<b><i>18 months</i></b>	<b><i>Charlisa F</i></b>	<b><i>10 years</i></b>
<b><i>Louise R</i></b>	<b><i>5 months</i></b>	<b><i>Melissa G</i></b>	<b><i>18 months</i></b>	<b><i>Mary Beth C</i></b>	<b><i>21 years</i></b>
<b><i>Pam N</i></b>	<b><i>9 months</i></b>	<b><i>Lily W</i></b>	<b><i>9 years</i></b>		

# GSR EVENTS

GSRs: If you don't have an Alt, now is a good time and bring them to all events. This helps them prepare for their rotation. Next up, after having gone to a pre-conferences is to share with our Delegate Courtney S your group's feedback, by April 19th 2026.

All District meetings are held on the  
Second Tuesday of every month  
Next ones May 12th & June 9th

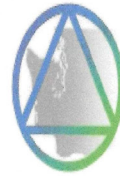
In Person at:  
**Sumner First Christian Church**  
432 Wood Ave, Sumner, WA 98390  
Or:  
Zoom ID: 882 6118 3379  
Passcode: 983646

### Scheduled Committee Meetings:

(only the District meeting is on Zoom)

2nd Tuesday Apr 14th at 6:30 pm  
*District 29 Monthly Meeting and on Zoom*  
3rd Tuesday Apr 21st at 6:30 pm  
*District 29 Treatment Committee*  
4th Tuesday Apr 28th at 5:30 pm  
*District 29 PI meeting*  
*CPC now meets at CSO see page 18*

1st Tuesday May 5th at 6:30 pm  
*Event planning meeting - Picnic*  
2nd Tuesday May 12th at 6:30 pm  
*District 29 Monthly meeting & on Zoom*



Western Washington Area 72  
Alcoholics Anonymous

Share with your Delegate!

(oo) Virtual Event

April 19 @ 9:00 am - 10:30 am PDT

Area 72

Virtual Event

Share with your Delegate!

When: Sunday April 19th, 2026

Time: 9:00 am to 10:30 am

Meeting ID: 944 512 3341 Passcode: GSC2026

Share with your Delegate

GSRs share verbal feedback from home group discussions.

## GSR Preamble

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A.

We realize the ultimate authority is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.

GSRs or District members invite a group member to visit a District meeting. Trusted Servants are needed, this is a current list of open positions. Trusted Servants will be encouraged to attend the monthly District 29 meeting, submit a monthly report to the Action Log newsletter, and attend Committee Quarterlies. If any of these positions interest you, or you would like to know more please contact DCM Fred J via email [dcm29@area72aa.org](mailto:dcm29@area72aa.org) or (253) 229-7435. **Blue lettering** means only Alternate is needed.

**Secretary Alt:** The Secretary is responsible for maintaining a record of District business and activities for the GSRs and other committee members.

**Corrections Chair And Alt:** This position consists of any project reaching out to the alcoholics in prison, jail or other correctional facilities, writing alcoholics in prison, or helping the AA who is being released from prison to get to a meeting on the outside. Attends the Corrections Committee meeting, the District 29 monthly business meeting and the Correction Quarterlies.

**CSO Director 2:** District 29 has two representatives at the Central Service Office serving on the board of directors. The two members are required to attend the monthly meeting of the CSO Committee and the monthly District 29 meetings. Works with other Reps from Districts 43, 44, 45, 54, 9 and other committees.

**Archives Chair Alt:** Archivist is responsible for maintaining records of all the districts business, motions, activities changes that have been handed down since the district started. The Archivist also assists members needing to research something in our history. And attends the Archives Quarterlies to learn how to preserve our history. Archivist can take a traveling display to groups, group or district functions as invited. They may create a committee to assist in organizing and preserving the records.

**Grapevine / Literature Chair Alt:** The A Grapevine and Literature representative helps groups and GSRs with subscriptions/information on the AA Grapevine. Also keeps the groups up-to-date on new or featured materials published by the AA Grapevine and AA World Services. Attends District 29 monthly business meetings and Grapevine Literature Quarterlies.

**Cooperation with Professional Community (CPC) Alt:** Seeks to explain what AA is and is not to professionals who may encounter alcoholics. Typically, CPC carries information to doctors, nurses, dentists, clergy, lawyers, treatment facility counselors, police, judges, corporate employee assistance professionals, business managers and Union leaders. Attends District 29 business meeting and CPC Quarterlies.

**Facilities Liaison Alt:** Responsible for setting up for monthly District 29 Business meeting as well as putting away when meeting ends. Makes coffee and is the Liaison between the facility and the District group.

**Accessibilities Alt:** Provides AA message to those who would otherwise not have access. Attends monthly District 29 Business meetings, Accessibility Committee meeting and Accessibility Quarterlies.

**12 Step Service Committee (TSSC) Alt:** (This is a Sub-Committee of the CSO in Pierce County): And maintains 12 Step lists, coordinates home answering service, CSO phone volunteers and 12 step work/commitments. Attends TSSC/ 12 step meetings and District 29 monthly Business meetings.

**Please reach out if you'd like to be of service at the District level by contacting:  
DCM Fred J [dcm29@area72aa.org](mailto:dcm29@area72aa.org) or (253) 229-7435**

## March 2026 District 29 Third Legacy Report

Hello District 29,

Third Legacy would like to come to your business, birthday, or regular meeting. Let us share with you our experience, strength, and hope. Our discussion will be of the AA service structure, AA service position, and a little bit about our journey to service.

March we visited Meeker's birthday night on March 28th. Thank you to my Alternate Carol J. for showing up in my place. Thank you to the Trusted Servants; DCM Fred J, Archivist Deborah M, CSO Director 1 David D, Newsletter Editor Grace C, Alt PI George N, Treatment Chair Greg E, Facility Liaison Steve B, Meeker's GSR Misty M and Alt GSR Maria H for sharing.

April showers brings May flowers. The principle of Step 4 is Courage. In the past year Courage has shown in my life in the form of; speaking up, having difficult conversations, setting boundaries, following through with service, sharing in meetings, being vulnerable, stepping outside the box, meeting new faces, asking for help, joining a new home group, making financial amends. Page 68 outlines that I am on the basis of trusting and relying upon God. Time and time again there is evidence in my life that proves this to be true. Phew... so glad I don't have to figure this out alone.

In Service,

Third Legacy Chair Alana W. and

Alt Third Legacy Chair Carol J.

[dist29thirdleg@area72aa.org](mailto:dist29thirdleg@area72aa.org)

## March 2026 District 29 Archivist Report

Welcome April 2026,

I attended the Archives meeting at our local repository on unboxing tubs for Area 72 Archives requested events in March 2026. Please visit the Archives display at events, there is a wealth of information. The next one is the International AA Men's Conference April 10-12, 2026, at the Hilton Seattle Airport and Conference Center, Seattle WA 98188.

Next Archives Quarterly is in May 2026. The skill it takes to put the traveling tubs in working order is fabulous. I will be attending and learning how to do this and the accessions process at our National Archives Workshop, Sept 10-13th, 2026. At 1911 Pacific Ave, Tacoma, WA 98402. All our welcome. Also visit our Area 72 Repository in Lakewood, WA

Archival material is chosen carefully and not all material can be Archived. The Archivist is in charge of these decisions with the help of the Area 72 Archives experience. As your D29 Archivist, I attend Area 72 Archives Quarterly. May 2nd, 2026 will be next one held in Centralia, WA hosted by District 28.

All are welcome to attend. Anyone interested in Archives position for this or next rotation(2027-28) come be an Alt. Archives for the rest of this rotation. Any Archive questions please email at [dist29archives@area72aa.org](mailto:dist29archives@area72aa.org).

Thank you.

In Service;

Deborah M

District 29 Archives Chair

## March 2026 District 29 Public Information (PI) Report

Hello to All,

PI (Public Information) meeting is on the 4th Tuesday of every month at the First Christian Church, 432 Wood Ave, Sumner at 5:30 pm. Please send a member from your group to this meeting to collect information about what D29 PI has been accomplishing and how your group can help carry the message. Individuals are welcome to join also. PI has a panel schedule for local High School. If you want to be part of another amazing group of volunteers panel contact us. Sumner HS has a pending date. We will also have a table with information, at the Job Fair for Veterans at the Puyallup Fair grounds on May 30th, 2026. We have a Quarterly in May 9th. Check the flyer out on page 19. Come join us and find out how we carry the message.

In Service,

DeeDee PI Chair - [dist29pi@area72aa.org](mailto:dist29pi@area72aa.org)

Alt. PI George N (253)377-0453

## March 2026 District 29 Cooperation w/the Professional Community(CPC) Report

Hello District 29!

The CPC committee monthly meeting will be moving to the CSO in Tacoma. If your group has a CPC representative, please give them this information. Or send someone from your group to help bring back this information so we get it out to all our groups.

**Meeting Day & Time - Second Wednesday of the month at 6:30 pm**

**3640 South Cedar Street Suite S, Tacoma, WA 98409**

**Zoom ID: 439 926 4926 Pass: 7654321**

Meeting is in the back of the office and hybrid.

We have the Area CPC Quarterly on May 9th, 2026 at Steilacoom Community Church. It will be a combined Quarterly with Public Information (PI). Flyer and all information on page 19.

We have the Fire and First Responder campaign meeting on Zoom every last Monday of the month at 6:30 pm. Flyer is on page 21.

Thank you,

Scott N

District29 CPC Chair

[dist29cpc@area72aa.org](mailto:dist29cpc@area72aa.org)

## March 2026 District 29 Facilities Liaison Report

Hello to Everyone,

*Description of this Service Position - Facilities Liaison: Responsible for setting up for monthly District 29 Business Meetings as well as putting away when meeting ends. Makes coffee and is the Liaison between the Facilities and the District group. This position is a Key holder and delivers rent.*

As of last check the building is structurally sound. The azaleas are blooming, our geraniums are showing the buds of their beautiful flowers, and the rose bush is showing signs of new growth. Spring is here. All are welcome and encouraged to attend our various district committee meetings held on Tuesdays throughout the month. Check here on page 15 for the one you would like to attend or better yet come to them all and get involved in district activities and then share with your group.

Grateful,

Steve B

District 29 Facilities Liaison

# Area Technology and Web Quarterly Meeting

April 25 @ 10:00 am - 12:00 pm PDT

Virtual doors open at 9:30 for fellowship.

<https://area72aa-org.zoom.us/j/5407974045>

Meeting ID: 540 797 4045



## Western Washington Area 72

Alcoholics Anonymous

### 2026 General Service Conference in New York

April 26 - May 1



### Area 72 Grapevine, La Viña, and Literature Quarterly

June 13, 2026, 10 am - 2 pm Hosted by District 34

This Meeting will be held in-person and hybrid

**Kelsey Creek Church, 1221 148th Ave NE, Bellevue, WA 98007**

or, Join us virtually, Meeting ID: 873 2199 0075 Passcode: 620280

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQvciU0lvR0dmbm96dz09>

Light potluck encouraged

Come join us in person for fellowship starting at 9:30 am

The business meeting will run from 10:00 am to approx 12 noon, and then we'll focus on writing for the Grapevine and la Vina!

*We'll cover editorial deadlines, ways to submit an article, and hold a writing workshop to get us putting pen to paper.*

Quarterly and workshop ends at 2:00 p.m.

Interpretation will be available, Spanish to English and English to Spanish

We look forward to seeing you

AREA 72 QUARTERLY

MAY 09, 2026 10A-2P



## PI & CPC COLLABORATIVE EVENT

STEILACOOM COMMUNITY CHURCH  
DOORS OPEN @ 9:30A

1603 Rainier St, Steilacoom, WA 98388

HYBRID

ZOOM ID 833 4771 9488

PW SERVICE

DISTRICT 34 & 38 HOST

## APRIL YP Quarterly

Kelsey Creek Church  
1221 148th Ave NE, Bellevue, WA 98007

We will meet upstairs in the fellowship room

Come enjoy fellowship, service and see what the Young Person's Committees are up to in Area 72!



Saturday  
April 25, 2026



Fellowship  
@11:30  
12p-3p

**For More Information**

[ypchair@area72aa.org](mailto:ypchair@area72aa.org)

Meeting ID: 879 9693 7740  
Password: 639996

<https://area72aa-org.zoom.us/j/87996937740?pwd=zxaw9tQj3vNQzphrPekVvMsPob8Ha.1>

# Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER  
120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

## 2026 SPEAKERS

Georgia H. - Glendale, CA Marty J. - Richmond, BC

Yvonne S. - Los Angeles, CA Paul G. - Brecksville, OH

Trenton H. - Glendale, CA Christina G. - Brecksville, OH

Tonya M. - Seargeant Bluff, IA Lee D. - Santa Maria, CA

Jimmy D. - Dallas, TX Will M. - Seargeant Bluff, IA

Brent H. - Los Angeles, CA Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change

[www.nwoodstockofaa.org](http://www.nwoodstockofaa.org)



EASY ONLINE REGISTRATION



Pacific Northwest  
AA

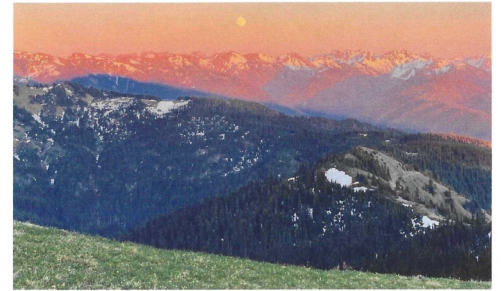
## The Olympic Roundup

Our 24th!  
May 15-17,  
2026

**Friday**  
Registration  
Welcome  
Ice Cream  
Social

**Saturday**  
AI-Anon  
Spiritual  
Breakfast  
Buffet Dinner  
Sobriety  
Countdown

**Sunday**  
AA  
Spiritual  
Breakfast



### AA Speakers

Jamie K	Port Angeles, WA
Rich N	Federal Way, WA
Shu D	Port Townsend, WA
Crystal J	Tacoma, WA
Dean B	Gig Harbor, WA
Bob T	McCalla, AL

### AI-Anon Speaker

Madison M Seattle, WA

**Joint AA & AI-Anon Speaker Workshop:**  
Steve D & Madison M

Register at <https://olympicroundup.org>  
Vern Burton Convention Center, 308 E 4th Street, Port Angeles, WA  
ALL MEALS MUST BE PURCHASED BY MAY 1ST.



**COME ONE, COME ALL  
BRING YOUR TALENT**

OPEN AUDITIONS  
FIRST COME • FIRST SERVED  
(NO APPOINTMENT NEEDED)

MAY 16 & MAY 17  
1:00 PM - 3:00 PM

GREATER SEATTLE INTERGROUP  
5507 6TH AVE S  
SEATTLE, WA 98108

**STEPS IN TIME TALENT SHOW**  
SINGERS • MUSICIANS • COMEDY • DANCE • SPOKEN WORD • ALL TALENTS WELCOME

### New CSO Bookstore Hours

*Closed Sunday*

*Closed Monday*

Tuesday	10-6
Wednesday	10-6
Thursday	10-6
Friday	10-6
Saturday	10-6

The CSO Board of Directors voted on August 10th to close the Bookstore section of the CSO on Sundays and Mondays. Due to a shortage of volunteers. We will resume operations as soon as we have sufficient volunteers.

No other functions of the CSO are affected. Authorized groups and committees may still utilize the CSO during these days.

Should you have concerns or questions please email;  
[csoachair@pugetsoundaa.org](mailto:csoachair@pugetsoundaa.org)  
[csoadmin@pugetsoundaa.org](mailto:csoadmin@pugetsoundaa.org)

Saturday April 25th 2026  
2:30 -5:30 pm

GSR SCHOOL

Learn • Connect • Serve

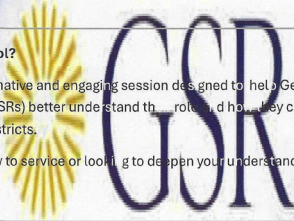
**Date:** April 25th  
**Time:** 2:30 PM – 5:30 PM  
**Where:** Grace Baptist Church  
2507 N Vassault St  
Tacoma, WA

Facilitated by: Crystal J.

**What is GSR School?**

Join us for an informative and engaging session designed to help General Service Representatives (GSRs) better understand their role and how they can effectively serve their groups and districts.

Whether you're new to service or looking to deepen your understanding, this workshop is for you!



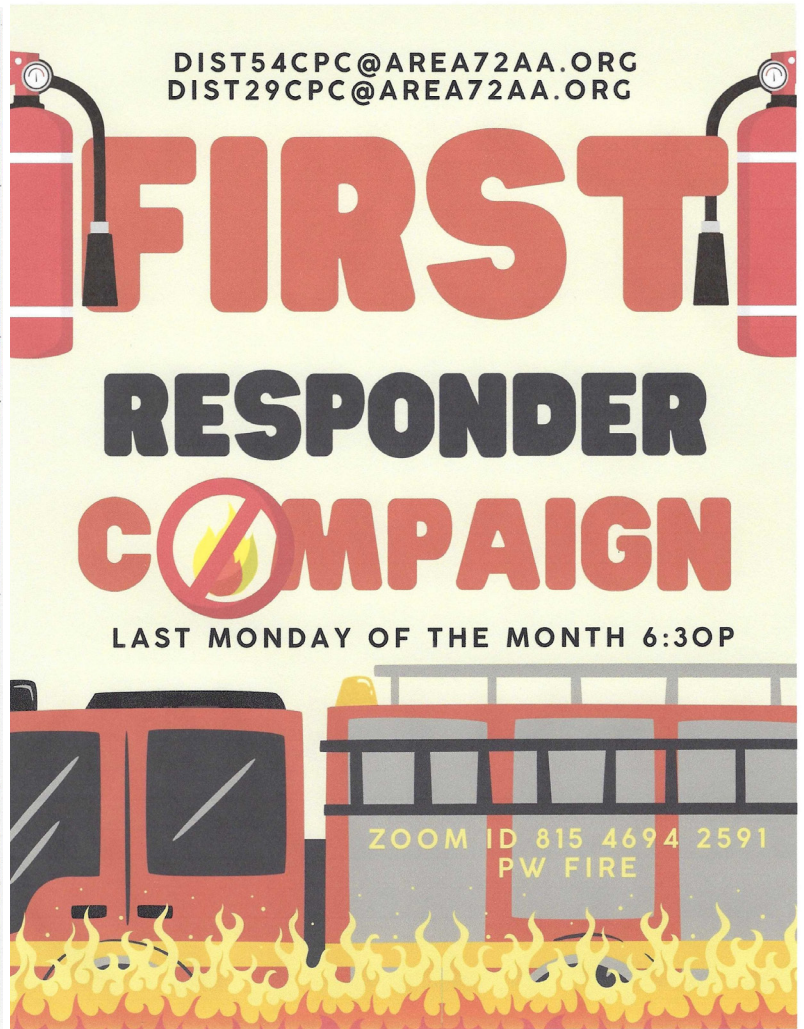
**What You'll Learn:**

- The role and responsibilities of a GSR
- How to connect your group to the larger service structure
- Tips for effective communication and reporting
- Opportunities for questions and shared experience

All are welcome!

Bring your questions, your experience, and your willingness to learn and grow in service.

Hosted by D44 and D9



**Step 4**

Made a searching and fearless moral inventory of ourselves.

**Tradition 4**

Each group should be autonomous except in matters affecting other groups or AA as a whole.

**Concept 4**

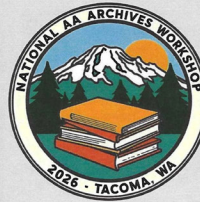
At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

**Principle 4**

Courage

The 28<sup>th</sup>  
**National AA Archives Workshop**  
September 10<sup>th</sup> - 13<sup>th</sup>, 2026

“Archiving our past to safeguard our future.”



Tacoma, Washington - Area 72  
Washington State History Museum  
1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

For local hotel information and to register online visit [area72aa.org/NAAAW2026](http://area72aa.org/NAAAW2026)



REGISTRATION

Name: \_\_\_\_\_  
Name on Badge: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Area: \_\_\_\_\_  
Service Position: \_\_\_\_\_  
Special Requests: \_\_\_\_\_

Registration	\$70	_____
Dessert (Fri)	\$20	_____
Banquet (Sat)	\$65	_____
Repository Visit & Museum (Thur)	\$28	_____
<b>Total Enclosed</b>		_____

Please make checks out to “NAAAW 2026” at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.  
[naaaw2026chair@gmail.com](mailto:naaaw2026chair@gmail.com)

This event will be interpreted for Keynote speakers on Thursday, Friday, and Saturday nights.



# A New Women's Meeting!



## Eatonville Women's Group Saturday's at 10 am

### Tanwax Country Chapel 36417 Mountain Hwy East Eatonville, WA 98328

In the Education building next to the church

Look for the AA sign hanging on the doorknob

#### Weekly Meeting Format:

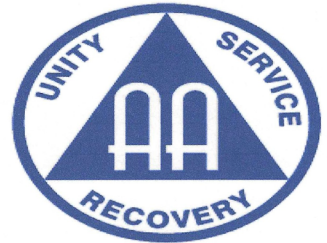
- 1<sup>st</sup> ~Steps
- 2<sup>nd</sup> ~AA Topic
- 3<sup>rd</sup> ~Traditions
- 4<sup>th</sup> ~AA Topic

We celebrate Birthdays the 2<sup>nd</sup> Saturday

### JOIN US FOR ANOTHER MEEKER CAMPOUT & POTLUCK PICNIC

**When:** August 7, 8, 9 2026

**Where:**  
Camp Lakeview  
32919 Benbow Dr. E  
Graham WA, 98338



**Camping**  
\$60-WEEKEND Per Tent  
\$10 extra tent (\$80 w/o pre-registration)  
Friday check in noon  
Sunday Check out 11am  
\$10 Saturday picnic per Person (No RV Hookups)

**Friday Night**  
\*7pm Chili cook off & Potluck  
\*Meeting at 8pm  
\*10pm campfire meeting

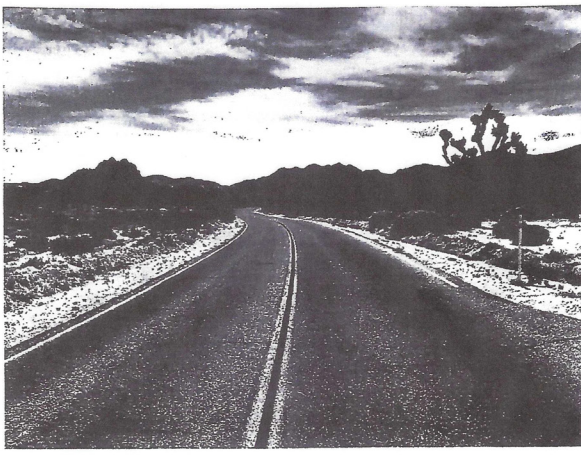
**Saturday**  
\*Meeting 6am 9am & noon  
\*6pm potluck  
\*7pm Speaker  
\*8pm Raffle, 50/50  
\*10pm campfire meeting



**Activities**  
\*Swimming  
\*Walking Trails  
\*Fishing  
\*Games  
\*Boating (rentals available)

For more Info Contact:  
Maria H (253) 468-7769  
Luke F (253) 353-0855  
Jenn A (425) 220-2725

## TRUDGING THE ROAD



*An open meeting of Alcoholics Anonymous  
Big Book Study  
Thursday Evenings @ 6:00pm*

*At-Anon and Alateen meet concurrently*

First Presbyterian Church of Puyallup  
412 W. Pioneer Ave  
Puyallup, WA  
Starting May 1st 2025



It's that time again!

## Back To Basics Spring Potluck

Please bring your favorite dish and join us for fellowship.

**Where:** Mountain View Lutheran Church  
3505 122<sup>nd</sup> Ave E  
Edgewood, WA 98372

**When:** Tuesday, May 12<sup>th</sup>

**Time:** 6:00 p.m. (prior to the regular meeting time of 7:00 p.m.)



# 9<sup>th</sup> Annual Northwest Girlstock

**APRIL 17, 18, & 19, 2026**

**At Four Points by Sheraton Hotel & Conference Center  
in Beautiful Bellingham, WA.**

**Treat yourself and invite your friends to an infusion of happy recovery!  
Listen to Experience, Strength and Hope, delivered by some of the best  
communicators among us:**

**DAWN M., Laguna Hills, CA.**

**HOLLY D., Jacksonville, FL.**

**JEANNIE M., Bentonville, Ark.**

**KATHLEEN H., Al-Anon, Cincinnati, OH**

**KATYA A., Woodland Hills, CA.**

**MOONLI S., LOS Angeles, CA.**

**ROSA G., Los Angeles, CA.**

**ROSIE T., Seal Beach, CA.**

**Please REGISTER EARLY at [NWGIRLSTOCK.COM](http://NWGIRLSTOCK.COM)**

**- MEETINGS ONLY: \$ 80.00**

**- MEETINGS & 2 MEALS: \$180.00**

**A link on our website will help you reserve a room at the  
Four Points at a very special \$142.00 per night rate.**

**Choose two queen beds, or one king bed.**

**Hotel Reservations: 360.671.1011**

# Pacific Northwest Conference

June 26<sup>th</sup> - 28<sup>th</sup> 2026



**Hosted by Western WA Area 72  
Heathman Lodge**

7801 NE Greenwood Dr, Vancouver WA 98662

Join us for a weekend of service panels, fellowship and fun in beautiful Western Washington.

**1<sup>ST</sup> PANEL STARTS FRIDAY 4P  
ENDS SUNDAY 12P**

To register online visit [www.pnc1948.org](http://www.pnc1948.org)

## REGISTRATION

Name: \_\_\_\_\_  
 Name on Badge: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 City/State: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Area: \_\_\_\_\_  
 Interpretation: Spanish \_\_\_\_\_ ASL \_\_\_\_\_  
 Volunteer by clicking [here](#)

### Heathman Lodge

7801 NE Greenwood Drive, Vancouver, WA 98662

Cost: \$166 per night\* + \$10 per add'l person

Group Rate ["Western Washington Area 72 AA"](#)

Book online [here](#)

For group rate please book by 05/27/2026

\*Plus facilities fee of \$15 per night for amenities (pool, sauna, wifi, parking, gym, laundry services)

### Registration

In person \$45	_____
Online \$25	_____
Friday Taco Bar* \$34	_____
Veggie _____	_____
Sat Burger, Tots & Salad* \$34	_____
Veggie _____	_____
Sat Buffet Dinner* \$57	_____
Veggie _____	_____
Sat Ice Cream* \$20	_____
Pre-Ordered Merch (see pg 2)	_____
<b>Total Enclosed</b>	_____

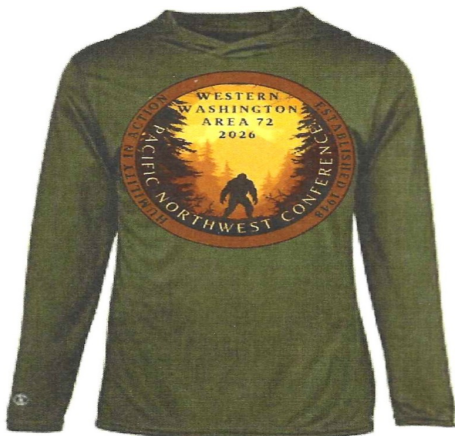
\*Food Cutoff is 6/19/2026

Please make checks out to "PNC 2026" at 3640 S Cedar St S, Tacoma, WA 98409

For more information contact PNC 2026

[pnc2026chair@area72aa.org](mailto:pnc2026chair@area72aa.org)

01/18/2026



# PRE-ORDER SWAG

Item	Cost	Quantity
Travel Mug Includes all-you-can-drink coffee!	\$25	
Long Sleeve Hooded T-Shirt Size _____ Available in sizes S - 4XL Polyester, Moisture-wicking, UPF 45 sun protection	\$30	

Alcoholics Anonymous in Washington State is turning 85 years old in April of 2026.

*We are having a big party, and you are invited to celebrate*

## 85 Years of AA in Washington



The party program includes Don L. from Bellingham as the main speaker, an old timers (50+ years) panel, young persons panel, a presentation on AA history in Washington, a raffle, sobriety countdown and a dance.



**Where:** Emerald Downs Racetrack  
2300 Ron Crockett Dr., Auburn, WA 98001

**When:** April 18th from 10am to 10pm

**If you would like to find out more and/or register for this event go here:**

<https://www.seattleaa.org/home/85-years-in-wa/>



**If you would like to volunteer for this event go here:**

<https://www.signupgenius.com/go/10C044EACAB28A2FECE8-61370696-85years#/>



If you have questions contact [wa85aa@seattleaa.org](mailto:wa85aa@seattleaa.org)

**ONE DISTRICT. ONE FAMILY. TOGETHER IN RECOVERY.**

# **DISTRICT 29 FAMILY PICNIC**



Join us as we come together as one recovery family - welcoming members, loved ones, and groups from across District 29 for a day of connection, fellowship and fun!

**FELLOWSHIP | POTLUCK  
RAFFLE | 50/50 DRAWING**

**11 AM - Fellowship**

**Noon - Potluck**

**2 PM - Raffle and 50/50 Drawing**

**Yard Games, DJ, Fellowship and More**

**Saturday  
July 11**



**Frontier Park  
Graham**



**11AM -  
3PM**



Contact Amanda M  
[altdcm29@area72aa.org](mailto:altdcm29@area72aa.org)

Service Opportunities available



21718 Meridian E  
Graham WA

# Members Page

This page is for AA members of District 29. Send in AA related quotes, cartoons, questions or short inspirational notes. If this page creates interest I'll keep it going. Ask a group member to submit something related to next month's topic Tradition 5. Send it to this email by the 4th of every month [d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org). Please take a moment to enjoy these and share!

We want to thank these anonymous AA members for sharing on Tradition 4.

## Tradition Four

*"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."*

It's fair to say that without the Twelve Steps of A.A., life would not be the same as it is now. Not just my life but the lives of family, friends, co-workers, and strangers I have yet to meet. Alcoholism does not exist in a bubble; it reaches out and touches all aspects of life. Likewise, my recovery does not exist in a bubble, and I need the help of all the people mentioned above. With one vital addition, the fellowship. That is why meetings are so important to me.

With a vision for the program's future, Bill W devised traditions that were not rules to govern but suggestions for our survival. Tradition four tells me that no one group can tear down what the fellowship has built. We are autonomous as a group, but our actions alone do not dictate the direction of A.A. as a whole. We can stand and pray before and after meetings or sit in silent reflection as a group. Do we want to hold hands at the end.? We can elect a coffee maker, greeter, or chairperson. We can choose to do these things as a group, but that does not mean they translate to the fellowship as a whole. As long as we adhere to these traditions, the meetings will survive, and the program will continue for generations.

## Tradition 4

One of my favorite resources to use when I dive into our Traditions (besides our 12 & 12) is the pamphlet "The Twelve Traditions Illustrated.." When looking at the Fourth Tradition, the pamphlet reminds us that the AA spirit is present everywhere, wherever we travel, whether its in another state, another country, or across town. When I first got sober, I was timid...I found a meeting I loved and I didn't stray far. As I got braver, I explored other meetings and found that some of the meetings did things a little different than "my meeting." Maybe they read the Traditions at the beginning of the meeting, maybe they didn't. Sometimes they had a fun way to promote the AA literature or invite others to join their homegroup. What I realized was that the essence, the AA spirit, was always the present. As "The Twelve Traditions Illustrated" pamphlet reminds us that with the freedom of autonomy that each group is gifted with, also brings the responsibility to always be in alignment with AA. I am so grateful for the Traditions, that give us guidance in how to live...how to grow. I used to say that when I first got sober, I was never given a "rule book" to help guide me through life. It seemed that so many people knew things that I didn't. AA has given me that "rule book" that I looked for my whole life.

-Anonymous

**The lesson you struggle with will repeat itself until you learn from it.**

Healing doesn't mean the damage never existed. It means the damage no longer controls our lives.

Dear AA Members of District 29,

District 29 is in need of an AA member that will fill the Correction Chair position. The rotation will last until the end of the 2026 year. At which time you can decide to continue for another rotation if you would like. Brief description of position is on page 16. If you desire a position that really helps the suffering alcoholic, (recommend 2+ years sobriety) please join the District 29 crew by contacting DCM Fred J at 253-229-7435.

**Be the reason somebody believes sobriety is possible!**

Editor's note: It was brought to my attention that the previous map did not have our neighbor District 44 on it. You can find this one on our CSO website Puget Sound AA. But this one does not cover the whole Area 72, or all of District 29. According to the Area Chair Derek S - they are working on accurate map, but unaware of when it'll be ready.

